



SHINE YOUR FIERCE LIGHT

The Power of Spirit in Action

"Inspiring and Energizing."~Leslie Hayman

A WORKSHOP WITH VELCROW RIPPER

This fierce workshop with spiritual activist and award winning filmmaker **Velcrow Ripper** explores the power that is released when spirituality is combined with action. Gandhi called it "Soul Force," Thich Nhat Hahn calls it "Love in Action," for Ripper it is "Fierce Light." It is the power of the sacred warrior, heart centered and fierce at the same time. Featuring dynamic "engaged spirituality" practices and meditations, visualizations and exercises, the workshop will offer key tools to unleash your own "Fierce Light" and become a catalyst of transformation.

"A truly inspiring and affirming experience. The openness and compassion you brought to the workshop created amazing room to explore and express with complete freedom. A week later, I am still glowing with the impact. I know this experience will be one I carry close to my heart for a long time. I feel empowered with very tangible tools to carry forward on my journey."

~Beth Warian, participant

Learn how to integrate the head and the heart, "doing" and "being," compassion and action, in order to be of the highest service both to yourself, and the world around you. Join millions of sacred warriors around the world, and become part of "The Great Turning," helping to make the shift from the industrial growth society, to the life sustaining civilization. A holistic journey of integration, from the personal, to the global, from the inner to the outer and back again. Discover your own **Fierce Light**, unwrap your gifts, and let them loose on the world.

"Engaging, thought provoking and spiritually uplifting. We are going to turn the world around through these kinds of happenings all over the globe." ~ Angel Hamilton, participant

"Thank you for the wonderful workshop you led at The Sophia Institute. My light is blazing!"
-Julie Miller, participant

In this workshop you will:

- ~ expand your sense of self from the Ego Centric to the World Centric and Kosmocentric view.
- ~ explore the integration of mind, body, spirit and shadow.
- ~ learn to transform this era of crisis into a time of tremendous opportunity and awakening, while avoiding overwhelm and burn out.
- ~ develop a concrete action plan to manifest your "Fierce Vision" & unwrap your personal gifts
- ~ participate in a gift sharing ritual, and come home with a sacred object to hold your vision

"Inspiring! Intertwines many teachings, insights, exercises and experiences to create something unique and beautiful." ~ Rebekah Hart, participant

"All that we experienced is still lighting me up. Everyone said I was glowing afterwards!"
~Andrea Sadler, participant

www.FierceLight.org
Take Action. Go Deeper.

"RIPPER IS THE JOHN LENNON OF DOCUMENTARY FILMMAKERS. FIERCE LIGHT IS 'IMAGINE' IN TECHNICOLOR" ~ *Michael Markwick, SFU COMMUNICATIONS.*

Velcrow Ripper is a lot like his movies -- friendly, hopeful, full of electrifying ideas.

He is an award-winning filmmaker with dozens of films and videos under his belt, including **Scared Sacred**, named one of Canada's Top 10 movies of 2004, and winner of the 2005 Genie (Canadian Academy Award) for best feature documentary.

Bones of the Forest, his 1995 environmental meditation, was co-directed with Heather Frise and won nine major film awards, including a Genie for best feature-length documentary and best of the festival at Hot Docs.

Ripper's newest movie, **Fierce Light: When Spirit Meets Action**, has been wowing audiences around the world with its investigation of how we are connected to each other and to this planet. This award winning film's message of hope and change is delivered via magnificent visuals. -*Liz Braun, Toronto Sun*

"IF ANYONE CAN FIND THE SILVER LINING IN A MUSHROOM CLOUD, IT'S THIS ASTONISHING, THOUGHTFUL FILMMAKER." -*National Post*



If rockers were the cultural gurus of the sixties, and techies like Steve Jobs the nineties version, documentary filmmakers may very well be the new prognosticators of where we're heading.

Velcrow Ripper is a clear example. His widely praised documentary **Scared Sacred**, a tour of war-devastated lands, was less a documentary and more a meditative call to arms.

So is his second film in a planned trilogy, **Fierce Light: When Spirit Meets Action**. While filming **Scared Sacred**, Ripper found that what got people through horrific wartime tragedy was a sense of personal meaning.

"One of those sources of meaning, was to take action," he says, "and I began to realize that having a depth of understanding in one's inner life, and taking action to create change, is a truly harmonious combination. In fact, they are meant to go together."

This kind of talk has made Ripper the doc community's version of a star. He gives lectures and conducts workshops to share his vision of spiritually conscious activism. Something new is afoot, his films argue, and that's what Ripper has become a figurehead for: an acknowledgement that spirituality seems to be at the heart of activism. - *Guy Dixon, Globe and Mail*

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FIERCE LIGHT

When Spirit Meets Action

A Feature Documentary
by Velcrow Ripper

Fueled by the belief that "another world is possible," **Fierce Light** is a compelling, global journey into the world of spirit in action, an exploration of what Martin Luther King called "Love in Action," and Gandhi called "Soul Force"; what Ripper is calling "Fierce Light."

Acclaimed filmmaker [Velcrow Ripper](#) takes an insightful look at change motivated by love, featuring interviews with spiritual activists Thich Nhat Hanh, Desmond Tutu, Daryl Hannah, Joanna Macy, Van Jones, Julia Butterfly Hill, and more.

View the trailer at www.fiercelight.org

"A BEAUTIFUL, COURAGEOUS, AMAZING PIECE OF FILM WORK.

I AM COMPLETELY BLOWN AWAY." ~ Vicki Noble

"A FILM FILLED WITH GRACE, HEART AND BEAUTY." ~ Joanna Macy

**"THIS STUNNINGLY BEAUTIFUL FILM WILL OPEN NEW PATHWAYS
FOR PERSONAL AND PLANETARY TRANSFORMATION."** ~ Starhawk

"EVERYONE (AND I MEAN EVERYONE) SHOULD SEE FIERCE LIGHT."

- FFWD Magazine

"COURAGEOUS, POTENT, AUTHENTIC!" ~ EnlightenNext Magazine

"A SPIRITUAL EXPERIENCE IN ITSELF!" ~ VIFF

"EXPECT TRANSFORMATION AND NOTHING LESS!" ~ Babz Chula

Suggested Workshop Readings

World as Self, World as Lover, by Joanna Macy

Shambhala: The Sacred Path of the Warrior, by Chogyam Trungpa

The Great Turning, by David Korten

Transforming Power: From the Personal to the Political, by Judy Rebick

The Integral Vision, by Ken Wilber

Pronoia by Rob Brezny

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